



Expression of Antioxidant Enzymes and Changes in Some Physiological Parameters Following the Short-term Heavy Metal Application in Wheat

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Abstract. *The aim of this study was to investigate the changes of some biochemical parameters during the amelioration after period of short term treatment of wheat with arsenic, cadmium and lead. A decrease was observed in the experimental groups, in which 15 μ M, 30 μ M, and 60 μ M (arsenic, lead, and cadmium) metal ion mixture was applied, in terms of the germination rate depending on the increased concentration, and a decrease was observed in the root and stem dry weights of the plants in all groups. MDA levels were determined to increase at all doses. It was determined that heavy metals accumulated by increasing in the tissues due to the increased concentration of heavy metals in the heavy metal ion-applied groups. There were significant changes in the expression levels of antioxidant enzymes. As a result, it was determined in the study that there were significant changes in some biochemical and physiological parameter's which are the primary response to oxidative stress in plants exposed to heavy metals, depending on the stress. This reason it can be concluded that arsenic, lead and cadmium contents in media can be the responsible for growth inhibition.*

Keywords: *Wheat; germination; antioxidant enzymes; gen expression; MDA*

1. Introduction

Plants are exposed to various stress factors during their growth and development. The most important environmental factors that cause stress on plants are mining, urban and industrial wastes, various substances such as pesticides, herbicides and artificial fertilizers used in agriculture and heavy metals given into the ecosystem through exhaust gases, which are released in traffic. While heavy metals such as cadmium, lead, and arsenic, leading to pollution in the ecosystem, cause heavy metal stress on cereal products with economic significance, they limit the growth of these products and decrease the product yield and quality [1].

Cadmium (Cd) induces changes in the metabolism of fundamental substances such as nitrogen and carbohydrate found in the structure of plants. Moreover, it affects enzymes and the -SH groups in the structure of proteins, hinders photosynthesis by damaging the synthesis of enzymes which play a part in photosynthesis and causes a decrease in the water loss with transpiration by leading to stoma closure [2, 3]. Cd is mixed into the soil via anthropogenic sources such as medicine and fertilizers used in agriculture, industrial and domestic wastes apart from its natural existence in soil [4, 5]. In recent years, there has been a substantial increase in the Cd amount in soil because phosphorous fertilizers and sludge obtained in treatment systems have been used heavily [6]. Since Cd is dissolved in water, it is received by plant roots and carried to other tissues. Cd which accumulates in plants can reach humans through the food chain. It exhibits neurotoxic, mutagen and carcinogen effects in humans [7, 8]

Lead (Pb) is given to the ecosystem with activities such as limestone and lead deposits in addition to pollution sources such as industrial factors and mining factors. Lead is naturally found in plants, but it is not an element which is absolutely necessary for plant growth. The toxic effect of lead changes depending on its density in the environment, the way it creates salt with other substances, the quality of the soil and the type of the plant. The toxic effect of lead in plants generally occurs with its

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combination with the metal ions in the functional groups of macromolecules in the plant. Thus, it affects the growth events of the plant such as plant germination and root shooting by changing the activities of various enzymes regulating photosynthesis and the water content of the plant [9].

Arsenic is one of the heavy metals which are mostly found in the Earth's crust. Arsenic that is used as a raw material in agriculture, pharmacy and industry is a heavy metal with a quite toxic effect for living beings in the ecosystem. Especially inorganic arsenic (arsenate and arsenite) is highly toxic for plants because these substances dissolve phosphorylation in plants and inhibit the phosphate intake of the plant. When this substance reaches high concentrations in plants, it inhibits plant growth and even causes the death of the plant [10,11]. The most important sources through which arsenic enters the ecosystem are insecticides, herbicides, wood protectors, odorless dye production, mining, and coal deposits [12].

Heavy metals also cause an increase in reactive oxygen species such as superoxide radical, hydrogen peroxide, hydroxyl radical and singlet oxygen. The excessive production of reactive oxygen species leads to negative effects on the cellular structure and metabolism. Since reactive oxygen species cause oxidative damage in proteins, DNA and cell membranes, they can even lead to cell death. Like many types of living beings, plant cells can also struggle with ROS up to a certain level in enzymatic and non-enzymatic ways. The main elements of the enzymatic antioxidant defense in plants are superoxide dismutase (SOD), ascorbate peroxidase (APX), catalase (CAT) and glutathione synthase (GS)[13]. Vascular plants must respond quickly to changes in environmental conditions. The earliest response to the emerging stress is the inhibition of the root growth due to an increase in reactive oxygen species [14]. Due to environmental pollution, the concentrations of these metals in water and soil rose above the tolerable limits and threaten vitality. Therefore, in this study, it was investigated how the short-term arsenic, cadmium and lead application on "Saban", a variety of bread wheat registered in 2014 by the Thrace Agricultural Research Institute, affected some physiological and biochemical parameters and the gene expression levels of antioxidant enzymes during the germination period when some of the defense mechanisms had not been fully developed. The aim of this study was to analyse the effect of As, Cd and Pb on some biochemical parameter through the assessment of oxidative stress indices at some physiological parameter and gene expression levels, heavy metals accumulation and using gene expression analysis that were studied. This study was performed in the germination period when some defense mechanisms were not fully developed because this is very important for product yield.

2. Materials and methods

2.1. Plant Cultivation and Heavy Metal Application

The seeds of the wheat species *Triticum aestivum* L. Emend Fiori et paol., developed by the Thrace Agricultural Research Institute as a result of adaptation studies, were used in the study. All the seeds used in the study were subjected to surface sterilization in 1.5% sodium hypochlorite solution for 10 min before they were left for germination in Petri dishes. The seeds subjected to surface sterilization were washed with distilled water a few times. Similarly, the Petri dishes, in which the seeds would germinate, were sterilized in the Pasteur oven at 120°C for 1 h. Sterilized wheat seeds were placed between drying papers as 25 seeds in each Petri dish and left for germination in the plant growth chamber after the photoperiod application at 20°C. Metal mixture solutions (As, Pb, Cd) freshly prepared for the experimental groups in 15 µM, 30 µM and 60 µM concentrations were used. Distilled water was used as the irrigation water for the control group [15].

2.2. The Effect of the Heavy Metal Mixture on Seed Germination

Wheat seeds were watered with freshly prepared solutions containing metal mixture in 15 µM, 30 µM and 60 µM concentrations (As, Pb, Cd) and left for incubation in the dark at 20°C. For the control group, the seeds were watered with distilled water. On the 4th day of germination, the ones with the radicle and plumule lengths more than 2-5 mm were accepted as germinated and the number of



germinated seeds was determined. Germination percentages were calculated considering the number of the seeds germinated in the control Petri dishes.

2.3. The Effect of the Heavy Metal Mixture on the Root, Stem Lengths, Fresh and Dry Weights

For this study, wheat seeds were watered only with distilled water for 10 days before being exposed to heavy metal ion mixtures in different concentrations (15 μM , 30 μM , and 60 μM) and germinated. Heavy metal mixtures were applied at the end of the 10th day. The root, stem lengths and fresh-dry weights of the groups were determined at the end of the 1st and 5th days. The longest root and the longest stem parts were measured from fibrous roots, and the root and stem lengths were recorded. The water was taken with the drying paper after the root and stem were cut, then fresh weights were found by weighing them on a precision scale. For determining the dry weight, the roots and stems were left for drying in the drying oven at 80°C for 24 h. Dry weights were determined at the end of the drying process.

2.4. Measurement of Lipid Peroxidation

The thiobarbituric acid (TBA) method was used to measure lipid peroxidation in the root and stem. The determination of MDA, which is the final product of lipid peroxidation, was performed according to Sun et al. (2008)[16].

Fresh 0.5 g root and stem samples were separated from the germinated seeds and frozen at -80°C. Frozen samples were homogenized in a glass homogenizer in 0.25% TBA prepared in 10% trichloroacetic acid (TCA). The extract was boiled at 95°C for 30 min. It was cooled down quickly and centrifuged at 10.000 x g for 10 min. The absorbance of the supernatant was measured at 532 nm and 600 nm. The level of lipid peroxidation was calculated using the 1.55 mM cm⁻¹ extinction coefficient.

2.5. The Effect of the Heavy Metal Mixture on the Root and Stem Protein Amounts

Protein extraction was performed according to Sanal et al. (2014) in root and stem samples frozen at -80°C [15]. Protein determination in the plant was performed spectrophotometrically according to the Lowry method. The protein amounts in the root and stem were presented in mg/ml.

2.6. Determination of the Gene Expression Levels of Antioxidant Enzymes

0.2 g fresh stem was homogenized with the help of liquid nitrogen particles and beads in the appropriate buffer for the expression analyses of enzymes from the samples to which application was performed. For the total RNA isolation from tissues, the Total RNA PureLink® RNA Mini Kit (Life Sciences) was used. Isolation was performed according to the RNA kit protocol. The RNA amounts isolated from the plant tissues were determined by a Qubit® Fluorometer (Invitrogen), and PCR conditions were programmed to be Step 1: 25°C, 10 min; Step 2: 37°C, 120 min; Step 3: 85°C, 5 min using the High Capacity cDNA Reverse Transcription Kit (Applied Biosystems), and the cDNA synthesis was carried out. The cDNA obtained was kept at -20°C to be used in future analyses. Primers suitable for enzymes were selected, and changes in gene expressions were monitored. The following primers were used, and the gene expressions were determined in compliance with the SYBR Green qPCR mastermix protocol in RT-PCR:

SOD: F (5'-GTTCGGTGACAACACCAATG-3') and
R(5'-GGAGTCGGTGATGTTGACCT-3'),
CAT: F(5'-TACGAGCAGGCCAAGAAGTT-3') and
R(5'-ACCTTGACGGGCAGTTCAC-3'),
GS: F (5'-TGGGACCAGCAAGTAAAACC-3') and
R(5'-TCGCGAATG TAGAACTCGTG-3').

As the correction factor, the housekeeping gene GAPDH: and the primers F (5'- TTGGTATCGTG GAAGGACTCA-3') and (5'- TGTCATCATATTTGGCAGGTTT-3') were used.

The ▲▲Ct method was used for determining the gene expression differences between the groups in Real Time PCR studies. As the calibration curve and the correction factor, GAPDH and 18S gene expressions were used.

2.7. Heavy Metal Determination in Plant Samples

For the heavy metal determination, a 0.5 g plant sample was taken at the end of the germination period, washed with deionized water and excess water were removed with blotter; then the fresh weights were recorded. Plant tissues were taken from each experimental group, added with 65% nitric acid solution and completed to 10 mL in total. They were fired and homogenized according to the usage protocol in the CEM Mars 6 microwave firing system (Power: 1030-1800, temperature: 180, Ramp Time 20.00-25.00, Hold Time: 10: 00). 1 mL was taken from the product obtained and diluted to 2% nitric acid, and the metal amounts accumulated in tissues were determined in Agilent 7700 x ICP-MS.

3. Results and discussions

3.1. The Effect of the Heavy Metal Mixture on Seed Germination

A decrease was observed in the germination rate due to the concentration increase in the experimental groups to which the heavy metal mixture was applied (Table 1).

Table 1 The effect of the heavy metal mixtures on seed germination

The concentration of metal ions (μM)	Germination percentage (%)
Control	70
15	57
30	49
60	34

3.2. The Effect of the Heavy Metal Mixture on the Root and Stem Lengths

Both shoot and root lengths reduced significantly under increasing concentrations of arsenic. From 11.65 cm in the control, root length dropped to 10.03 cm at 60 μM As. However length of stem also showed a increase at 15 μM As. But length of stem also showed a linear decrease on increasing arsenic doses in 1st day. At the end of the 5th day Similarly, length of root and stem also showed a linear decrease on increasing arsenic doses (Figure 1 and Figure 2).

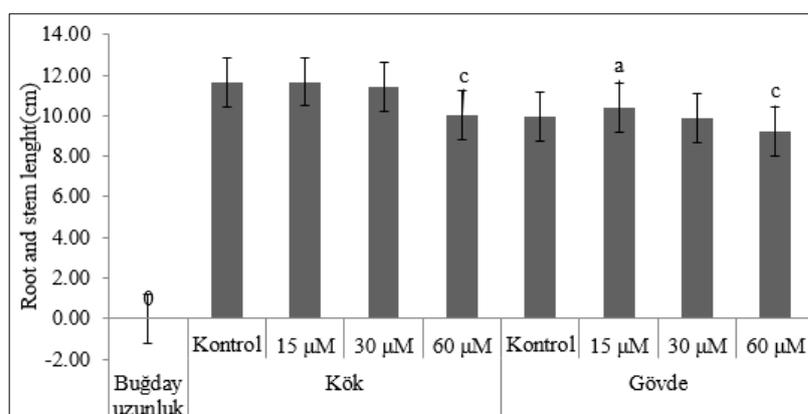


Figure 1. The change in the wheat root and stem lengths compared to the control group at the end of the 1st day a: 15 μM comparison with control group $p < 0.05$ c: 60 μM comparison with control group $p < 0.05$

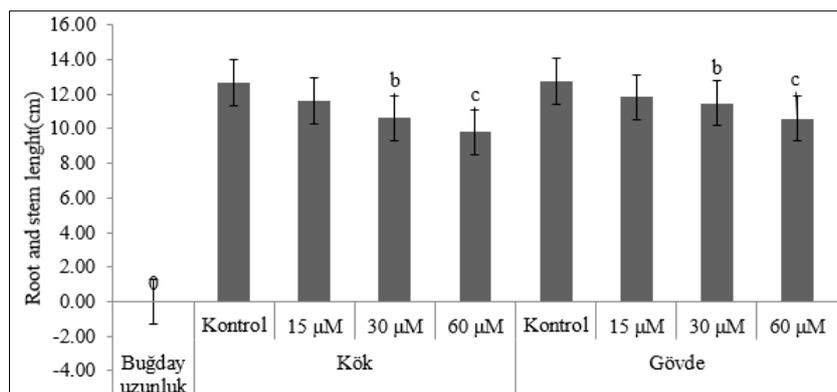


Figure 2 The change in the wheat root and stem lengths compared to the control group at the end of the 5th day b: 30 µM comparison with Control group $p < 0.05$ c: 60 µM comparison with control group $p < 0.05$

3.3. The Effect of the Heavy Metal Mixture on the Fresh and Dry Weights of the Root and Stem

When the fresh and dry weights of the wheat roots were compared to the control group at the end of the 1st day, an increase in fresh weights was observed in 15 µM dose application, and a decrease in fresh weights was observed in 30 µM and 60 µM dose applications. It was observed that dry weights decreased significantly in all the doses compared to the control group. When the fresh stem weights were compared to the control group, a decrease was observed in 15 µM dose application, an increase was observed in 30 µM dose, and again a decrease was observed in 60 µM dose application. Dry stem weights decreased in all the groups compared to the control group. The change in the fresh and dry weights on the 1st day shows similarity in the root and stem. The fresh and dry weights of the wheat root and stem decreased in all the doses when compared to the control group at the end of the 5th day. (Table 2)

Table 2 The Effect of the Heavy Metal Mixture on the Fresh and Dry Weights of the Root and Stem

(As,Pb,Cd) The concentration of the mixture (µM)	Wheat root 1st day		Wheat root 5 h day	
	Root fresh weight (g)	Root dry weight (g)	Root fresh weight (g)	Root dry weight (g)
Control	0.97	0.09	1.31	0.10
15 µM	1	0.06	0.93	0.08
30 µM	0.95	0.07	0.94	0.08
60 µM	0.75	0.05	0.92	0.09
(As,Pb,Cd) The concentration of the mixture (µM)	Wheat stem 1st day		Wheat stem 5th day	
	Stem fresh weight (g)	Stem dry weight (g)	Stem fresh weight (g)	Stem Dry weight (g)
Control	1.66	0.18	2.39	0.24
15 µM	1.46	0.14	2.33	0.22
30 µM	1.67	0.16	2.20	0.22
60 µM	1.55	0.16	2.28	0.23

3.4. Measurement of Lipid Peroxidation

When the groups in which metal application was performed in the root and stem samples were compared to the control group at the end of the 1st and 5th days, an MDA increase in the root at the dose of 15 µM was not found significant ($p > 0.05$), and an increase in the MDA level was observed in all the other groups ($p < 0.05$) (Figure 3-4).

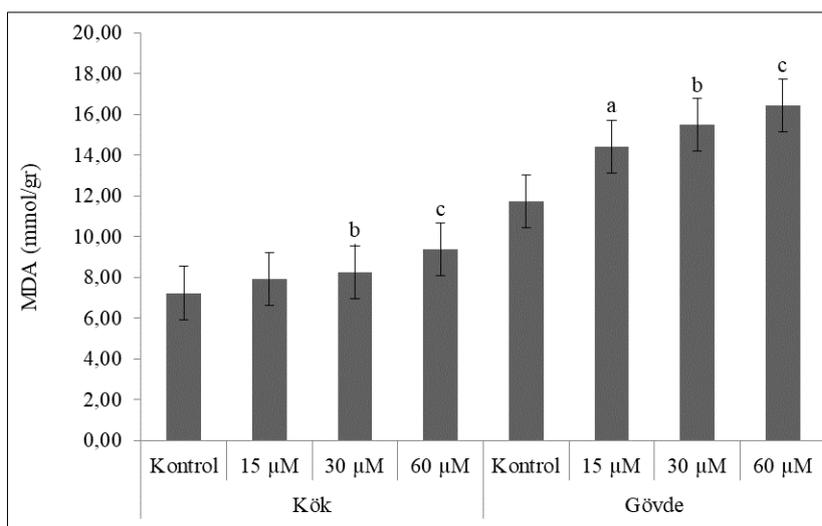


Figure 3 At the end of the 1st day MDA content in wheat root and stem
a: 15 µM comparison with control group $p < 0.05$ **b:** 30 µM comparison with Control group $p < 0.05$ **c:** 60 µM comparison with control group $p < 0.05$

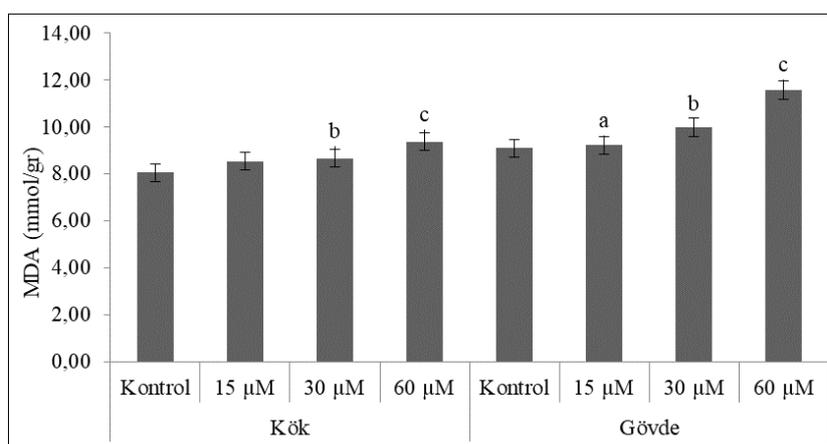


Figure 4 At the end of the 5th day, MDA content in wheat root and Stem
a: 15 µM comparison with control group $p < 0.05$ **b:** 30 µM comparison with control group $p < 0.05$ **c:** 60 µM comparison with control group $p < 0.05$

3.5. Determination of the Total Protein Content in the Root and Stem

When the protein contents of roots were compared to the control group at the end of the 1st day, the protein content increased in all the groups in which metal application was performed. However, this increase was not found statistically significant ($p > 0.05$). The protein content of only the groups to which the dose of 60 µM was applied increased significantly in stem samples ($p < 0.05$).

While there was no significant change in groups to which the doses of 15 µM and 60 µM were applied in terms of the protein contents of roots at the end of the 5th day ($p > 0.05$), a decrease was observed in 30 µM dose application ($p < 0.05$). At the end of the 5th day, the protein content of the groups to which the doses of 15 µM and 30 µM were applied decreased in the stem samples compared to the control group ($p < 0.05$). In 60 µM dose application, the protein amounts increased again and approached the control group. However, this increase was not found statistically significant ($p > 0.05$). (Figure 5-6)

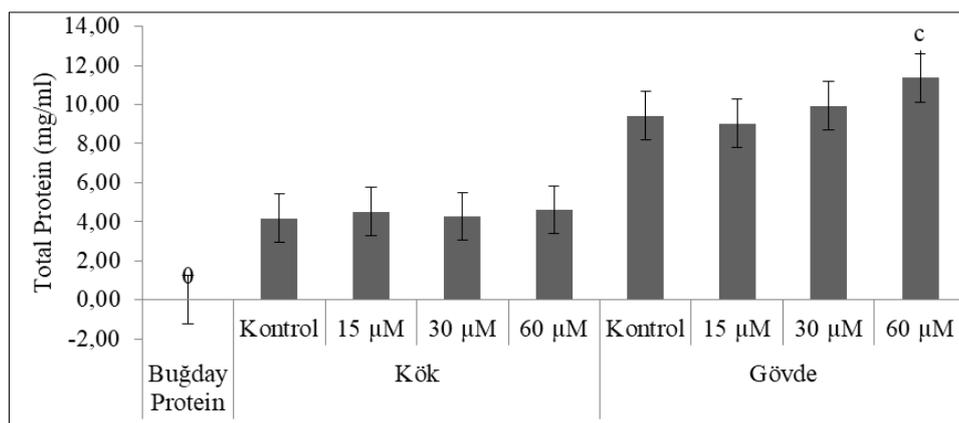


Figure 5 Total protein contents in wheat root and stem at the end of 1st day
c: 60 µM comparison with control group, $p < 0.05$

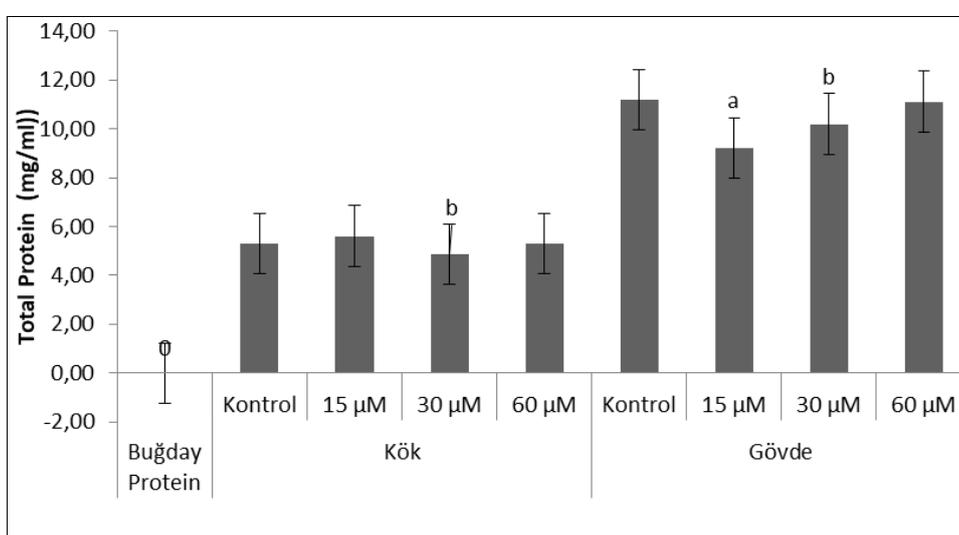


Figure 6 Total protein contents in wheat root and stem at the end of 5th day.
a: 15 µM comparison with control group, $p < 0.05$
b: 30 µM comparison with control group, $p < 0.05$

3.6. The Effect of the Heavy Metal Mixture Application on the Gene Expression Levels of Antioxidant Enzymes

Changes in the antioxidant enzyme levels, which are the primary responses of the plant to metal stress related to As, Cd, and Pb on wheat, were examined on the basis of the expression levels of these enzymes, β actin gene levels selected as the reference gene.

At the end of the day, it was observed that the gene expression of the GS enzyme increased in all the doses compared to the control group, the expression of the SOD enzyme decreased in 15 µM dose application, and there was an increase in the other two doses. While the gene expression of the CAT and GPX enzymes decreased at 15 µM, it increased together with the dose increase. At the end of the 5th day, a decrease was observed at 15 µM in the gene expression of the CAT enzyme, and the expression increased together with the dose increase. The gene expression of the GPX enzyme increased in all the doses compared to the control group (Figure 7,8).

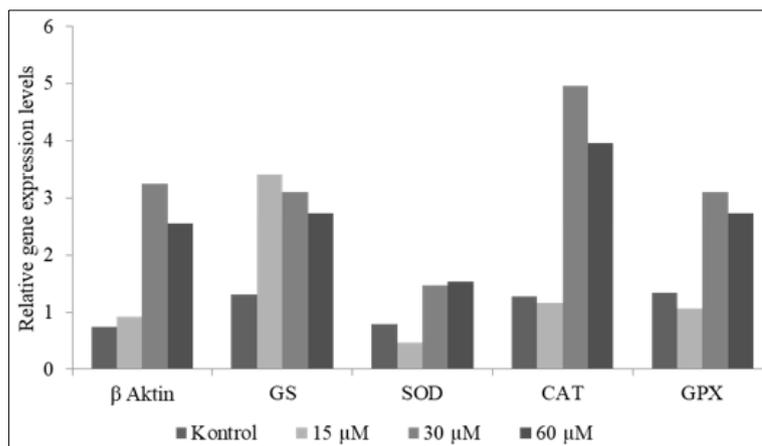


Figure 7 At the end of the 1st day the levels of gene expression of antioxidant enzymes

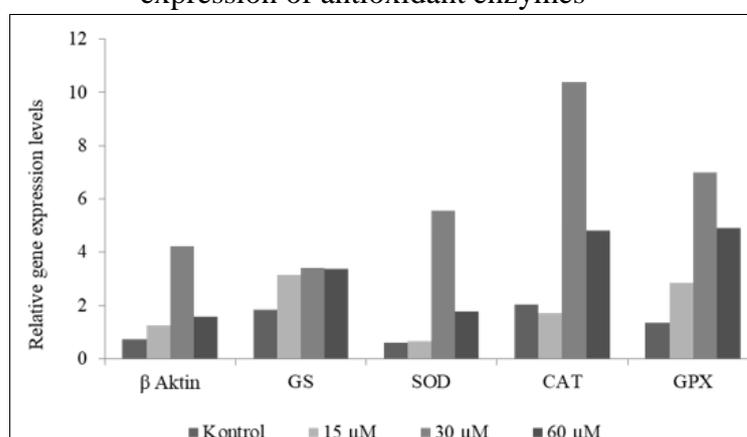


Figure 8 At the end of the 5th day the levels of gene expression of antioxidant enzymes

3.7. Heavy Metal Accumulation

An increase was observed in the heavy metal accumulation in parallel with the dose increase in the plant when compared to the control group at the end of the 1st and 5th days (Table 3).

Table 3 Heavy metal accumulation (ppb) in wheat at the end of the 1st and 5th days (Values are the mean of the triplicated experiments)

	Control 1 st day	15μM 1 st day	30μM 1 st day	60μM 1 st day	Control 5 th day	15μM 5 th day	30μM 5 th day	60μM 5 th day
As	0.093	0.333	0.369	1.596	0.115	0.462	0.987	1.84
Cd	0.038	0.325	0.368	1.074	0.066	1.11	1.846	3.172
Pb	0.484	0.715	0.763	2.289	0.79	1.384	2.74	3.133

Heavy metals, which are among the significant causes of environmental pollution, affect plants macroscopically, microscopically and physiologically. Heavy metals can be present in our food from various sources, and this affects human health negatively. The fact that heavy metals can be transmitted to the foodstuff of humans is considered as a health problem.

Fertilizers and treatment sludge are used to increase the yield in agriculture. Agricultural lands around the world are exposed to heavy metal pollution at different levels due to the excessive use of



phosphatic fertilizers and the heavy metal content of treatment sludge. Since Cd is more mobile compared to other metals, its transition from soil to plants occurs more often, and it is included in the food chain in this way. It also constitutes a significant threat to human and animal health and the environment. 42% of Cd taken into the human body comes from cereals [17, 18].

In many countries, people use the underground water polluted with arsenic. Therefore, drinking and underground waters containing arsenic continue to threaten seriously both the environment and human health as a significant problem all over the world. The most important sources through which arsenic enters the ecosystem are insecticides, herbicides, wood protectors, odorless dye production, mining, and coal deposits[12]. As a result of the environmental pollution, arsenic reaches humans through drinking water and nutrition by affecting aquatic ecosystems similarly to terrestrial ecosystems. In addition to the pollution sources such as industrial and mining factors, lead, which is given to the ecosystem with activities such as limestone and lead deposits, is naturally found in plants, but it is not an element that is absolutely necessary for plant growth.

In the present study, heavy metal mixtures applied to wheat seeds caused a decrease in the germination rate in the seeds together with the concentration increase. Similarly, Shri et al. (2009) stated in their study conducted on wheat seeds that arsenic decreased the germination percentage in the plant significantly along with the dose increase [19]. Again, the effect of lead ($PbCl_2$) on the germination of lentil (*Lens culinaris*) seeds was investigated, and it was determined that low lead concentrations do not have a negative effect on germination, but high concentrations inhibit germination [20]. The results are similar to the present study.

When the wheat root-stem lengths were compared to the control group, a significant decrease was detected only in 60 μM metal application on the 1st day ($p < 0.05$), while a decrease was observed at 30 μM and 60 μM on the 5th day ($p < 0.05$). It was reported in the study conducted by Gonzales et al. (2017) that heavy metal mixtures decreased the root-stem lengths and biomass in wheat and barley significantly [21]. It was reported in many other studies that a short-term heavy metal application suppressed growth, photosynthesis, and respiration and increased the secondary metabolite production [11, 22]. The toxic effect of lead in plants is the restriction of root growth and development, dwarfing and chlorosis[23]. According to the observations in the present study, local browning and chlorosis were observed on plant leaves and roots together with the concentration increase. Moreover, the roots were observed to be shorter compared to normal plant roots together with the dose increase, and a decrease was observed in the lateral roots. As the metal intake continued, a significant regression was observed in the root and stem development at the end of the 5th day. Decreases were observed in the fresh and dry root and stem weights as a result of the slowdown in the root and stem elongation. Likewise, it was reported that zinc and arsenate mixtures, which are among the significant toxicants in mining excavation sites, inhibited root elongation in barley [24]. Fargašová (2001) stated that a decrease occurred in the fresh and dry root weights and lead accumulated in the root in the garlic exposed to Pb stress.[25]. In many studies, high concentrations of heavy metals are similarly said to cause decreases in seed germination, root and stem lengths and root-stem weights in plants [22, 26-29].

Upon assessing the protein amount in wheat, an increase was determined at 60 μM only on the 1st day ($p < 0.05$). While there was no significant change in the protein amount in 15 μM and 60 μM metal applications in the wheat root on the 5th day, a decrease was observed at 30 μM ($p < 0.05$). Whereas a decrease was detected in the stem at 15 μM and 30 μM compared to the control group ($p < 0.05$), no significant change was observed in 60 μM application. It was observed in the study conducted by Sanal et al. (2014) with barley seeds that the total protein amount decreased in roots in 0.5, 1, 2, 4, 8, 16 mM sodium arsenate and sodium arsenite applications[15].

There is an increase in MDA levels in all groups in the study. The measurement of the MDA amount is a stress indicator used for the determination of lipid peroxidation levels [30]. The MDA level may increase under Zn stress according to Chaoui et al. (1997) and under Cd and Cu stress according to Dey et al. (2007) [31, 32]. In a similar study, the MDA amount was found to have increased in two different barley species as the selenium dose increased under the selenium toxicity



[33]. There are many studies stating that the heavy metal application triggered oxidative stress and consequently increased the MDA amounts [22, 28, 34].

It was found out on the 1st and 5th days that heavy metals increased and accumulated in tissues together with the concentration increase in the metal ion applied groups compared to the control group. In a study investigating chrome accumulation in Indian lotus *Nelumbo nucifera*, similar results were observed in the tissues of the plant grown at different chrome concentrations (50–200 μm). The highest accumulation was reported in the roots [35]. Topcuoğlu et al. investigated the effects of different urban treatment sludges applied to the soil for two years on the plant nutritional elements in the tomato plant and the heavy metal level in their contents and detected a significant increase in the heavy metal (N, P, K, Ca, Mg, Zn, Mn, Cu, Pb, Ni and Cd) contents of the tomato plant in parallel with the treatment sludge applied in increasing amounts [36]. Khan et al. (2009) reported in their study conducted on the mustard plant that 5 and 25 μM arsenic application increased the arsenic content in the root and stem together with the dose after 96 h [37].

The gene expression levels of the assessed SOD, GS, GPX and CAT antioxidant enzymes decreased at 15 μM but increased in a way to show that the defense system was activated depending on the time and dose. Similarly, an increase was observed in the SOD activity in the studies conducted under stress conditions in plants such as *Morus alba* L. (mulberry), *Cicer arietinum* L. (chickpea) and *L. esculentum* (tomato) [38, 39].

It was shown in the studies investigating the expression levels of the genes coding the SOD enzyme that changes occurred in the gene expression under various stress conditions and depending on the plant species, and these changes played a role in the stress defense [34, 40–42]. Similarly, it was shown that the expression levels of the genes, which code the catalase enzyme in many plants such as *L. esculentum* (tomato), *Hordeum vulgare* (barley), *Corylus maxima* Mill. (nut) increased depending on the stress [41, 43, 44]. The short-term cadmium application was reported to result in root inhibition and a decrease in the GPX expression [29]. Furthermore, it was observed that high cadmium concentrations (60 μM) suppressed the expression of the CAT enzyme significantly [13].

In communities that are industrializing quickly nowadays, industrial and urban wastes, the unconscious use of pesticides and fertilizers raise the levels of heavy metals which may have toxic effects above the limit values in the soil and water. In many studies in the literature, changes were reported in the activities of antioxidant enzymes, which are the primary response of oxidant stress in many plants exposed to heavy metals [29, 34].

Different response of antioxidant enzyme activities to heavy metal toxicity has been reported. Navabpour et al. (2020) reported increased SOD, and CAT activities under lead toxicity in wheat. [45] In addition to this, Li et al. (2013) in *Pistia stratiotes* L., [29, 34] and Zolinova et al. (2013) in barley have shown increased SOD and CAT activity under cadmium toxicity [29]. Similarly, Dube et al. (2009) reported that excess Cadmium increased GPX activity in barley [46]. Murzaeva 2004 has reported that the increase in APX, SOD, POD activities could be represent an appropriate protection against overproduction of peroxides when As accumulated in wheat [47]. Saleh et al. (2020) showed that lead significantly decreased the vegetative growth parameters, altered the activities of antioxidants enzymes in wheat seedlings and differently affected their expression levels in seedlings leaves and roots in wheat [48]. Dey et al 2007 has been detected that under Pb stress, the induction in SOD activity and declined in CAT activity were sharper in root tissues than in their shoot in wheat. The POX activity increased both in roots and shoots under Pb stress. It has been observed malondialdehyde concentration increased in both roots and shoots of Cd- and Pb-treated seedlings in their study [32].

4. Conclusions

Since changes in the gene expression levels of some enzymes coming to the forefront in the antioxidant defense in the present study comply with the data on the activity changes in the literature, the determination of the expression levels of these enzymes will provide researchers with significant information about the course of the defense mechanisms when plants are exposed to heavy metals



during the germination period. Wheat that was exposed to heavy metals in accordance with the literature was affected negatively in terms of physiological parameters in a period during which its defense systems had not developed fully yet, and heavy metal accumulation was observed even in the short-term application. This also indicates that the negative effects of environmental pollution are observed on plants very quickly.

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